



### **October 28, 2009**

After introductions, Gayle Miller reviewed the new school health requirements for the 2009-2010 school year. She also explained the responsibilities of the SHAC as it relates to the Coordinated School Health Program (CSHP).

Nancy Davidson then introduced information concerning the Love Your Veggies Grant for school cafeterias since nutrition is part of the CSHP. The SHAC discussed various parts of the grant and helped complete the budget and write the activities for the grant.

Officers were elected: Gayle Miller, Chairperson; Dana Goodson, Vice-Chair; and Renee Hozdic, Secretary.

### **March 10, 2010**

Nancy Davidson made the motion that Diana Powers be elected Parent Co-Chair of the SHAC committee by acclamation. Motion seconded by Kendra Bates. All ayes. The committee decided to retain all other officers in their positions as previously elected.

Mrs. Davidson reported that if the Love Your Veggies Grant is awarded to QCISD, we will receive notice this month.

Dora Whatley was unable to attend this meeting but will be reporting next month on the Teens in the Driver's Seat program.

The Health Department was able to complete the nutrition surveys and weight and height measurements with our 4<sup>th</sup>, 8<sup>th</sup>, and 11<sup>th</sup> graders on March 9<sup>th</sup>. The district will receive those results at some point in the future.

The committee reviewed the new requirements for SHAC's and specifically addressed human sexuality instruction since the SHAC is to be involved in the development of that curriculum. Gayle Miller reviewed the state TEKS for health education. The committee then listened to district health teachers discuss the current curriculum being used for human sexuality instruction which promotes abstinence, the responsibilities of parenthood, and the danger of sexually transmitted diseases. The committee agreed that the district human sexuality instruction has appropriate content. The question was raised concerning students taking a health class at middle school. Kendra Bates informed the committee that currently middle school health education is being integrated into the physical education program. Also, students have the option of taking their high school required health credit in eighth grade. The committee expressed concern about the amount of health education instruction being offered in middle school and wanted the district to pursue the option of having a full semester of health in sixth or seventh grade. Mr. Barnwell suggested that the high school and middle school principals and counselors be present at the next meeting to discuss scheduling in relation to health education.

The possibility of providing vaccinations for our students was explored. Dana Goodson will report back to the committee at the meeting next month as to what amount of staff would be needed to help complete any type of vaccination clinic the district might offer.

**April 14, 2010**

Council members reviewed characteristics of effective SHAC's from TEA's competitive grant program and planned how they will complete implementation of them all by the end of the school year.

They started with a recommendation for the Board report which states that the council believes that one semester of health in grades 6 – 8 should be mandatory for each student.

For the campus improvement plans, the council analyzed four of the eight components of our school district's coordinated school health program. They will complete the rest in May.

They approved of the increased security of the school's internet access. Gayle Miller reminded them of the SHAC posting on the Parent and Community Page of the QCISD school website. Parent members of the council praised the Parent Notification System and expressed that they felt very well-informed because of it.

The committee reviewed each campus' human sexuality letters that are required to be sent to parents and approved or made recommendations for each.

Dana Goodson explained all the requirements of a school-sponsored vaccination clinic. No recommendation to implement the clinic was made due to the many barriers associated with it.

Current professional development for school staff was discussed with Gayle Miller stating that she would have more information at the next meeting.

QCISD policy relating to HIV prevention was reviewed and approved.

Dora Whatley was not present and so the discussion of Teens in the Driver's Seat was deferred to the May meeting.